



Springhill's Dementia Garden
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Springhill
News
Autumn / Winter
2023



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Hello! Welcome to the Autumn / Winter edition of our Hospice Newsletter

Dear Springhill Supporter

Welcome to the Autumn/Winter edition of our newsletter, which includes a whole host of ways to get involved in supporting Springhill.

The hospice sector continues to face a financial crisis, due to inflation and the cost of living crisis. Some hospices have already cut services, and we are doing everything in our power to avoid this - but we need your help. This incredible community is the reason Rochdale has a hospice, and your continued support will hopefully mean we will be here for many years to come.

There are so many ways to help, from regular giving just a small amount each month, to taking part in our fundraising activities, donating goods or time to our shops, or the Hospice itself. Every little really does help.

I couldn't be prouder of the team here at Springhill, who, despite all the hurdles, have continued to provide and develop our services so that we can help as many people as possible when they need us most.

We really do want to make 'every moment count' and your support enables that.

Thank you to each and every one of you!

Sam Wells
Chief Executive

- @springhillhospice
- @springhill-hospice
- @springhillhospice



Springhill Hospice

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Chair of Trustees: Lesley Mort
Chief Executive: Samantha Wells
Registered Office: Springhill Hospice (Rochdale), Broad Lane, Rochdale, OL16 4PZ
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Registered Charity N° 701798

This newsletter has been produced at no cost to Springhill Hospice thanks to the generosity of our advertisers.

Printed on carbon balanced paper.



A fresh new look, thanks to HSBC!



Springhill has been a pillar of the local community for almost 35 years, providing the highest level of patient care possible. Whilst all our donated funding has been poured into furthering our clinical services, this meant the interior of the Hospice had become a little tired over the years.

We realised a refresh was long overdue and back in 2021, the Hospice submitted an application for funding to the HSBC UK 'Supporting Our Community' programme; to have the opportunity to refresh some of the outdated communal areas. In October last year, we were delighted to receive the news that our application had been successful!

HSBC awarded a grant of £44,467.38 which has funded painting and decorating throughout our communal areas, new flooring on our Inpatient Unit, comfortable chairs and sofas in our lounge areas, a brand new kitchen for patients and their loved ones to use on the Inpatient Unit and beautiful accessories, soft furnishings and ambient lighting to add those finishing touches.

Thanks to HSBC we have been able to improve multiple areas of the Hospice, making them more comfortable and welcoming for patients, their loved ones and visitors at the Hospice.

Tracy Johnson from HSBC said, "Springhill Hospice is a very special place, where every adult in HMR with a life limiting condition is supported. It was with great pleasure that HSBC UK was able to deliver £44,467.38 to the Hospice from our Supporting Community fund, and we will continue to support Springhill Hospice throughout the year."

We would like to thank HSBC UK once again for this incredible grant, and opportunity to make the Hospice an even more warm welcome for patients and their loved ones. We still have a few finishing touches of the makeover left to complete, so watch this space!

Before:



After:



Springhill Lottery



At Springhill Hospice, we pride ourselves on providing the highest standard of care to those in our local community who need us the most, bringing kindness and small joys into bleak, dark days.

One of the many people who can vouch for this is Denis Malone, whose wife Jean received care and support from Springhill's Community Team and Hospice at Home Team in 2021.

Jean and Denis met at the tender age of three years old. They would play out together in the holidays before going their separate ways as teenagers. They followed similar paths as they both worked in the police force but led separate lives, both marrying. Sadly Denis' first wife was diagnosed with a brain tumour and died at Springhill Hospice. Jean's nieces were nurses and had spoken to Denis whilst caring for his wife. They'd talked to their Auntie Jean about a lovely guy, called Denis, and then the penny dropped that it was the same Denis Jean knew from her childhood.

When Jean was diagnosed with terminal cancer, it was Springhill's Community Team that reached out to the couple to arrange care and take the strain off Denis. It wasn't just the physical aspects of caring that Springhill managed; "The team helped our wellbeing, asking how we both were and if there was anything that we needed" said Denis. Jean was always so positive, her children provided an incentive to keep fighting.

"The Hospice organised so many things from a physio appointment to a walking frame and then a wheelchair and a bed. Dr Lippett helped with sorting my medications, she always takes the time to listen and I never felt like I was an inconvenience. She's absolutely great. I can't tell you how much things improved. I could get up and down the stairs again and could sleep in my own bed. Psychologically that did wonders. Just to be able to use the bathroom upstairs. I sat in the garden last week having a glass of wine. It was absolutely fantastic. I feel more like a person now rather than just a number. I so appreciate all the work that Springhill has done for me."

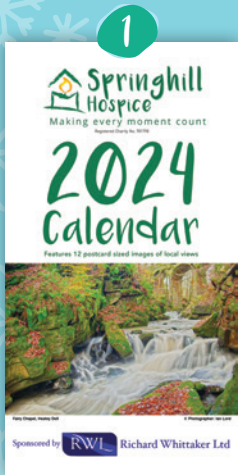
The palliative care Springhill provides to patients is absolutely vital, and for the team, the level of care and compassion everyone receives is of paramount importance; whether they are the patient, or the loved one needing support.

From as little as £1 per week you can help make every moment count for people like Denis and Jean by playing the Lottery for Springhill. Sign up and support patient care today by visiting www.springhill.org.uk/lottery or call 01706 641790.



Send Christmas joy with our Christmas cards and 2024 calendars and diaries

Our Christmas cards, 2024 diaries, calendars and a variety of other festive merchandise are now available to purchase! Please visit us online at www.springhill.org.uk/shop-online or call 01706 641790 to place your order today, and help support us whilst spreading Christmas joy.



- 1 Calendar
- 2 Diaries
- 3 Rochdale Town Hall at Christmas
- 4 Gathered Angels
- 5 Shopping Trip
- 6 P-P-P Pass the Presents
- 7 In the Manger
- 8 Four Candles
- 9 Yuletide Mule
- 10 In the Winter Garden
- 11 Golden Partridge
- 12 Warm Winter Woolies
- 13 Joy to the World Wreath

Shop with Springhill

We are proud to announce the launch of our new Heywood shop, which will include Springhill's very first bump, baby and beyond department – Lilypads.

Coming soon and specialising in everything baby, from cots and prams, to high chairs, bibs and bottles – along with our usual offering of pre-loved clothing, furniture and bric-a-brac.

In order to make the whole shop a success and be able to support our community, we need your help. If you or someone you know has baby items that need a new home, please get in touch. We offer free collection for larger items.

If you'd like to donate, please call 01706 522844 and thank you for your support.

Lilypads

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Please visit www.springhill.org.uk/shops for details on our other shops.

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Therapy comes in all forms - even on 4 legs!



With our patients, everyone's emotional wellbeing needs are completely unique to them. Some rely on a friendly ear to confide in, some need a moment of reflection in the gardens, and some find solace in a four-legged friend, who is there in their time of need.

One such of these remarkable creatures is Amber, a Pets As Therapy dog; along with her owner Judith, Amber brings joy and comfort to many patients at Springhill every week.

Judith and Amber have been providing therapy of the four-legged and fluffy variety for almost 7 years; from visiting students at Manchester University to fulfilling the dying wish of Hospital patients, until eventually volunteering their time at Springhill Hospice, supporting the patients and their loved ones. After a close friend passed away in a hospice, Judith realised the importance of hospice care and wanted to make a difference to those patients.

Judith took the decision to register Amber as a therapy dog after many visits to the residential home where her Aunt lived. Amber was the star of the show on every visit, bringing incredible happiness to the residents, which led one of the staff to remark that she would make a perfect therapy dog. Judith got in touch with the charity Pets As Therapy to arrange an assessment and as they say, the rest is history.

Amber's gentle and loving nature is quite remarkable, especially as she didn't have an easy start in life; she

was rescued as a stray from the streets of Romania by the charity, Safe Rescue For Dogs, who organised her safe transport to the UK. Judith found Amber through the charity's website, and is thankful every day that Amber came into her life.

Every week on Wednesday and Thursday, Judith and Amber visit the patients in Day Therapies, the Dementia Drop In Clinic, and anyone in the Inpatient Unit who needs some furry therapy. And it's not just the patients who need a cuddle from Amber.

"We do as much work with families and loved ones as with the patients, as they can understandably be distressed at times. Sometimes I'll sit there really quietly while they stroke and hug Amber. If they need to cry that's fine - that's what we are there for, to be a calming and comforting presence."

But it isn't only dark times when you're at the Hospice. In the spirit of our motto 'making every moment count', every member of staff or volunteer ensures that our patients make the most of every day with us.

"People think the Hospice is only depressing and sad, but it's not - there is so much joy and fun going on with the patients. The staff are amazing and make sure that all their needs are met; quite often you'll see a patient crafting or painting with one hand, and stroking Amber with the other."

I think we can all agree that both Judith and Amber are most definitely beloved members of the Springhill team.

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Springhill's Dementia Garden



In June, we were incredibly proud to launch our brand new fantastic Dementia Garden, created specifically for patients with dementia in order for them to enjoy an outside space that suits their specific needs.

With sensory areas, kinetic sand, and specially selected plants to entice all the senses, the launch of the garden was a huge success; with patients and loved ones getting to make the most of the new space in the sunshine. It was a wonderful afternoon, seeing our dementia patients enjoying the garden's new features.

We are so pleased with how the garden has been received so far by patients and loved ones alike – and can't wait for the next stages to get underway, when we plan to build even more therapeutic spaces for patients.

A massive thank you to our Specialist Dementia Team Margaret Diggle and Lynda Coleman, Head Gardener Michelle Hurst, Volunteers Mei Chan and Brian Harrison, our Creative Therapies Lead Nina Brown, the team of community volunteers, and everyone else who worked tirelessly over many months, to bring the garden to life and make the launch day a success.



If you need any information or advice on the dementia services Springhill offers, please visit: springhill.org.uk/dementia



Volunteer today

Contact us for more details

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www.springhill.org.uk/volunteer

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Springhill out in the community

Since appointing our Community Engagement Officer in January 2023, we have been able to venture out into the community more than ever before; taking part in a range of new, diverse events and community activities, and spreading the word that Springhill Hospice is here for everyone in our Borough.

When we accepted an invite from local charity Caring is Sharing to their Africa Day, we had no idea it would be so much fun!

We enjoyed a vibrant afternoon of community cohesion with many other voluntary organisations and service users of Caring is Sharing. We are proud to be invited to such events, highlighting how Springhill is becoming ingrained in all areas of the community.



We have also been lucky to be invited, at regular intervals, into our local supermarkets including Asda, Morrisons and Tesco throughout the borough.

We have received great support from community health partnerships allowing us to attend regular pop up events at health centres across the borough including Nye Bevan House and the Phoenix Centre, Heywood. Rochdale Borough Council libraries are also a regular fixture for us to hold pop up events and we have visited Rochdale Riverside, Middleton and Heywood libraries this year.

At these events people love to share their experiences of Springhill and discuss ways they can get involved with us in the future. If you are part of a community group or organisation and would like to invite Springhill to your next event, please do get in touch with the Fundraising Team.

Just some of our community visit highlights include:

Attending Rochdale Rainbows in Pride event at Broadfield Park!

A team of Springhill's clinical staff enjoyed an afternoon in a beautiful marquee decorated with rainbow bunting crafted by our Creative Therapies team, handing out rainbow bracelets handmade by our very own Dr Lippett. They spoke to members of the LGBTQIA community and their allies, reminding everyone that Springhill is an inclusive and welcoming community organisation.



Taking part in the first ever Rochdale Eid Science Extravaganza with our friends at Neeli Mosque.

In the heart of the Deplish community, we enjoyed meeting new supporters and many other community groups to talk all things Springhill.



We were delighted to be part of the award winning Darnhill Festival in conjunction with Cartwheel Arts and Darnhill Festival Association (DFA) for the first time in 2023.

We were blown away by the amazing community spirit and affection for Springhill from local residents at this event, with over 1700 visitors! It was especially poignant to join them after one of the founding members of DFA, Barbara, received palliative care from Springhill earlier in 2023. We were honoured to be able to accept donations in her memory at our stall and the event is now a firm favourite in our community calendar.

Confirmed upcoming Autumn Pop Up Events

Littleborough Scarecrow Festival
Littleborough Cricket Club - 14 October

Asda Rochdale
With brass band - 9 and 10 December

The Walk
Riverside Rochdale - 9 December

Plus look out for us in your local supermarket, health centre, library or other community events- we add new dates regularly and we aim to get all around the borough!



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Christmas at Springhill

We need your help!

As a charity, one of the best ways for us to raise funds at our community events is through tombolas and raffles.

We are starting to plan for our upcoming events and can always benefit from donations of new and unopened items that might make great raffle or tombola prizes.

Items such as bottles of spirits or wine, boxes of chocolates or sweets, and toiletry gift sets are perfect, but we're happy to take anything that would make a great gift item.

If you have unwanted items you could donate to us, please feel free to contact our Fundraising Team on 01706 641790.

Christmas Tree Collection 2024

Springhill's Christmas Tree Collection Service is back, and the Hospice Team will be out from Friday 12th – Monday 15th January 2024 to collect trees across the borough.

For a minimum donation of £10, Springhill will collect your tree from outside your property. From there, it will be taken to the Hospice where it will be recycled and turned into chippings which will be used for pathways and garden beds within the Hospice grounds.

Before booking, please ensure that you live in a property within the collection postcode areas listed below. Trees must be left in an accessible place outside your property as we cannot provide an exact date or time when your tree will be collected – there are lots of factors that can affect the tree collection service, not least, the great British weather!

Christmas Trees can be collected from:
OL10, OL11, OL12, OL13, OL14, OL15, OL16, M24.

To enable us to plan the collection routes effectively, the booking system will close at 12pm on Wednesday 10th January. After this time we are unable to guarantee your collection.

For enquiries about the Christmas Tree collection, please visit www.springhill.org.uk/christmas-tree-collection



Wear your Woollies Day

Friday 8th December

www.springhill.org.uk/wear-your-woollies

Get your festive jumpers at the ready - Springhill's Wear Your Woollies Day is back!

We would like you to join together and have a bit of fun by showing off your best woollies on **Friday 8th December**. However, don't worry if this date doesn't suit you, you can pick any date throughout December!

Dig out your best winter warmers, get your colleagues or friends involved and simply donate £2 for adults, or £1 for children if you're taking part at school, to support Hospice care at Springhill. Add to the festive fun with your own 'best dressed' competition, cake sale, or Christmas quiz.

How it Works:

- 1 Sign up with your workplace, school or friendship group via the form on our website.
- 2 Request your fundraising resources.
- 3 Use your fundraising pack to promote Wear Your Woollies Day to your staff, colleagues, students or friends.
- 4 Pick out your best winter woollies and show them off!
- 5 Gather with your colleagues either in the office or virtually on Friday 8th December and show off your wackiest woollies.
- 6 Donate your £2 per adult (and £1 per child) to Springhill Hospice by clicking the donate button on the website or calling **01706 641790**.

Why not combine the day with your office Christmas celebrations, complete a Christmas quiz and run a best dressed competition to really get in the festive spirit?

Get in the festive spirit with our Christmas Fair!

Sunday 26th November 11am – 3pm

Kingsway Park High School

www.springhill.org.uk/christmas-fair

It's almost time for one of our favourite days of the year – the Springhill Hospice Christmas Fair.

Get ahead with your Christmas shopping from our great independent retailers, offering everything from toys and jewellery to home décor.

Sit back with some tasty refreshments including a variety of hot food and drink, and listen to performances from the incredible Rock Choir, Just for Fun Dancing, and all day DJ Andy Stott and more.

You'll find a large selection of Hospice run stalls from the nurses to our gardening team, so please come down and say hello. There will also be fun games and activities for children, including face painting and the all-important magical Santa's grotto.

With a chance to win our HUGE life sized polar bear for a fabulous festive display in your home or business, there really is something for everyone!

Christmas Fair

COMPLETE WITH
Santa's Grotto



Springhill: our care in numbers

Springhill Hospice is honoured to look after our patients and provide them and their loved ones with the utmost care and respect. It is hard to quantify the impact we have on our patient's lives, so here is a snapshot of just some of the ways we have made a difference – between January and June 2023.

144

Patients cared for on the Inpatient Unit



33

Patients using the Dementia Drop In service



1,176

Volunteer hours per week provided to the Hospice



4,631

Meals served to our patients and loved ones



Hours of Hospice at Home or Community Team care provided

1,267 hours 31 minutes



35 Year Anniversary

Here are 35 ways you can support Springhill and get involved in celebration of our 35th year next year!

January

- 1 Sign up to attend one of our events
- 2 Donate your unwanted Christmas gifts to one of our shops

February

- 3 Become a lottery player and support Springhill with every play
- 4 Follow us on Facebook, Instagram and LinkedIn

March

- 5 Sign up to become a Regular Giver to support us on a monthly basis with whatever you can afford
- 6 Join us at our annual Woman of Rochdale event
- 7 Check out our eBay shop for the latest pre-loved bargains

April

- 8 Enter your snaps of the local area in our Calendar Competition
- 9 Explore our volunteer roles on the website
- 10 Explore the Helping Us section of our website

May

- 11 Arrange a bake sale or other community event to raise vital funds for us
- 12 Explore Dying Matters with us
- 13 Commemorate your loved one with our Sunflower Appeal
- 14 Take part in our Make a Will month

June

- 15 Have a spring clear out and donate your items to one of our shops – don't forget to sign up to Gift Aid if you're eligible
- 16 Volunteer your time to help get our gardens ready for summer
- 17 See what courses our Education Team currently offer

July

- 18 Check out our upcoming events for summer
- 19 Attend a pop-up Springhill community event in your local area
- 20 Sign your corporate team up to take part in our Golf Day

August

- 21 Catch up on our news stories on the website
- 22 Sign up to our Business Buddies programme
- 23 Attend our annual Summer Garden Celebration
- 24 If you're a member of a community group, please invite us to host a talk

September

- 25 Support the Second Hand September initiative and see what treasure our charity shops have to offer
- 26 Join the ReWear Revolution and design an outfit from a pre-loved item of clothing
- 27 Spread the word about Springhill care.

October

- 28 Book your tickets for our annual Man of Rochdale event
- 29 Plan a spook-tacular fundraiser with your friends or family
- 30 Start your Christmas shopping early with our Christmas cards and calendar
- 31 Attend our Starlight Ball

November

- 32 Get into the festive spirit at our Christmas Fair
- 33 Spread the word about our Dementia Drop In sessions

December

- 34 Remember your loved one in the most poignant way with Springhill's Light up a Life
- 35 Wear your Woollies to raise vital funds while being cosy

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Light Up a Life 2023



Some of the Light up a Life merchandise available to purchase this year

We understand that Christmas can be both a special and difficult time, so we invite you to remember your loved one in a unique way as part of Light up a Life. You can make a donation to the Hospice in memory of your loved one, and we will commemorate a special light for them in our beautiful Hospice grounds.

We'd like to share Lynn's story with you. Lynn remembers her Dad with a special dedication to him at Light up a Life each year.

"My wonderful Dad was first diagnosed with prostate cancer in early 2017 at the age of 76. In 2018 we were sadly given the news that Dad's cancer had spread. This is when we first had contact with the amazing team at Springhill Hospice as he began to receive palliative care.



In January 2019, after a short stay in hospital, Dad was admitted to the Inpatient Unit at Springhill for respite. It was here that we began to witness, first-hand, the remarkable work of the Hospice and its staff. I can never thank the staff and volunteers enough for the care they showed during these final weeks. Every morning we were met by heart-warming smiles as they gave him a wash, shave and brushed his hair. That meant so much to Dad, and to us too, as he always was very well dressed.

Light up a Life gives us the opportunity to support the Hospice every year, it also allows us to remember Dad in such a unique way. For a donation, a light is lit on the tree in the grounds of the Hospice, which is such a special way to remember him.

It is so moving to see all the lights twinkling on the tree in memory of loved ones. Last year, we could not attend in person but we watched the service virtually which meant the world to us.

You can dedicate a light for anyone. Light up a Light is so important to us as a family and we will continue to support the Hospice and remember our loved ones in this way - and we encourage anyone to do the same."

With Light up a Life, you dedicate a light in memory of your loved one in return for a donation to the Hospice. Your donation, no matter the size, makes an enormous difference to our patients and their loved ones.

2023 Light up a Life events:

Light up a Life Celebration
Saturday 2nd December 2023, 4pm
at Springhill Hospice.

Light up a Life Service
Thursday 7th December 2023, 7pm
at St Chad's Parish Church, Rochdale.

Our virtual celebration will be available on our website from 5pm on Saturday 2nd Dec 2023.

Light up a Life events are free to attend.

To make your dedication in memory of your loved one, please complete and return the enclosed form, visit www.springhill.org.uk/LUAL or contact Fundraising on **01706 641790**.

By supporting Light up a Life you are helping to "make every moment count" for Springhill's patients and their loved ones.

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PROUD TO BE SUPPORTING SPRINGHILL HOSPICE

Community Fundraisers

Take a look at some of our fantastic fundraisers that have just launched! If you work in a school, nursery or college and want to get involved with one of our upcoming fundraisers, please contact the team on fundraising@springhill.org.uk or call 01706 641790.

Our Springhill £30 Challenge is new for 2023, and we can't wait to see how our schools rise to the challenge!

Last year our Reindeer Run and Wear Your Woollies raised an incredible £8,294 towards supporting patient care.



Springhill's £30 Challenge

Do you have what it takes to turn £30 into £1000?

Springhill's Corporate Challenge



Can you turn
£30 into £1000
in just 3 months?

That's the challenge for our incredible corporate supporters! Ten teams have signed up to take on the Springhill Corporate Challenge, and they're off to a flying start!

Simkiss, PDS, Jackson Jackson and sons, BNI Rochdale, A&F Sprinklers, A&T Surfacing, Richard Cutler Media, Springhill Hospice – Inpatient Unit, Springhill Hospice – Day Therapies and Counsellors, and Cullen Wealth are all in the race to raise as much as they can and put themselves at the top of the leaderboard.

They all have an abundance of exciting fundraising events planned from taking on the Yorkshire Three Peak to a pub quiz, a barrel race, car wash and football cards. Good luck everyone!

Contact Vicki Barnett:
01706 641790

Please visit
thegreatchristmasraffle.com/?charity_ref=69
to enter and support Springhill Hospice – you have the chance to win a brand new car, whilst supporting Hospice care!

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Meet our Business Buddies

Our Business Buddies are proud to support the Hospice, providing specialised care for the local community.

If you would like to learn more about the many benefits of joining Business Buddies, please visit www.springhill.org.uk/business-buddies

Business Buddies:

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To find out more about Business Buddies please visit www.springhill.org.uk/business-buddies or call our Corporate and Partnerships Fundraiser, Vicki Barnett on 01706 641760 or email fundraising@springhill.org.uk



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Save the Date!

Man of Rochdale Luncheon 2023

We are delighted to invite you to the 2023 Man of Rochdale Luncheon for an afternoon filled with incredible food, drink and entertainment.

Springhill Hospice's prestigious Man of Rochdale Luncheon held at Rochdale Golf Club celebrates the achievements of men across the borough.

Celebrate with the retiring Man of Rochdale, Dave Richardson, and prestigious guests as they present the 2023 Man of Rochdale award.

Enjoy a drinks reception on arrival, then adjourn to your seat in the Golf Club. Sit back and relax whilst dining on a delicious four-course meal and enjoy our guest speaker Geoff Miller, sponsored by Performance Doorset Solutions.

The 2023 Man of Rochdale is kindly sponsored by Jackson Jackson and Sons.



Nominations

To submit your nomination for the 2023 Man of the Year, please complete your nomination by visiting www.springhill.org.uk/man-of-rochdale.

Alternatively, you can email your nomination and endorsement to vicki.barnett@springhill.org.uk. Your nomination should be no more than 500 words. The closing date for nominations to be received is Monday 30th October 2023.

Please note that your nominee can only be considered if they meet the following criteria:

- They live in Rochdale and their reason for being nominated benefits the people of the Rochdale community.
- They must be over 18 years of age.
- They must not have received a Royal Award (MBE, OBE, etc).
- They are considered an 'unsung' hero, giving their time and efforts for the good of the community, and are not paid for this work.
- They cannot be considered if they are an employee of the Hospice or a member of the Men of Rochdale Committee.

- 📅 24th November 2023 1pm
- 📍 Rochdale Golf Club
- 💷 Ticket price £55
- 📄 Four course lunch
- 🗣️ Guest speaker: Geoff Miller

To make your nomination, please visit www.springhill.org.uk/man-of-rochdale

Christmas Cracker

Make it a festive afternoon to remember with Springhill's Christmas Cracker!

Join us at Norton Grange Hotel and Spa for an event that promises to be filled with perfect pre-Christmas festivities.

A delicious three-course lunch, live entertainment with dancefloor, a fashion concession with Christmas party outfit inspiration and much more.

Guests will be treated to a Prosecco reception on arrival, and a goody bag to take home.

Gather your girlfriends and reserve your seats.

Tables of 10 are on sale for £500 and tickets are in high demand. Early bookings are essential to avoid disappointment.

We can't wait to see you there!



- 📅 8th December 2023 11:30am – 4:30pm
- 📍 Norton Grange Hotel and Spa
- 💷 £500 per table of 10
- 📄 Three course lunch. Prosecco on arrival. Live entertainment.

To purchase your tickets, please visit www.springhill.org.uk/christmas-cracker

Can you be a Springhill Hospice Hero?

At Springhill, we understand that we can't always change the outcome for a patient, but we can change their journey.

Can you be a Springhill Hospice Hero by giving as little as:



£20 a month

Could help someone grieving the loss of a loved one through bereavement counselling



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£5 a month

could help provide expert advice and guidance over the phone to a family in distress

To find out more and support Springhill today scan the QR code or visit www.springhill.org.uk/regular-gift

For more information please contact Fundraising on 01706 641790 (opt 1) or email fundraising@springhill.org.uk



Springhill celebrates Trusts and Grants funding

Springhill has recently received some additional funding through successful grant applications, all of which make a huge difference to the experience of our patients, here within the Hospice.

Thanks to receiving an incredible £10,000 from Hospital Saturday Fund, and an additional £5,000 from Rochdale Fund For Relief in Sickness, we were able to purchase some new Rise and Recline Chairs for patient rooms on the Inpatient Unit; these specialist clinical chairs provide more independence, increased support, flexibility of positioning and greater comfort for our patients when they need it most.

We were also successful in a grant application for an additional £15,000 worth of funding from Albert Hunt Trust, which goes towards ensuring we can continue our vital services for everyone in the community.



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Bringing extra care to our local community

We know that a terminal diagnosis can leave you with uncertainty and unanswered questions. To try and help navigate this difficult time Springhill Hospice is delivering sessions across the borough; meaning it's easier than ever to access our information, guidance and services.

Whether you or someone you love has been diagnosed and you're looking for advice about what the future might hold, need help to manage your condition or simply want to meet new people and get involved in an activity designed to raise your spirits we can help.

We welcome people living anywhere in Heywood, Middleton and Rochdale who are affected by any life-limiting illness, for example; cancer, heart failure, COPD and Motor Neurone Disease.

You'll discover ways to cope with an illness, meet new people and learn strategies to help manage your symptoms so you can improve your quality of life.



For further information or to book a session, please contact our Day Therapies Team:

☎ 01706 649920
✉ daytherapies@springhill.org.uk
🌐 www.springhill.org.uk/community-sessions



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Autumn / Winter 2023

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